



NEW **Quantum® Hydraulic Multi-Stations.** Ideal for working with older patients or anyone with joint or muscle weakness. In addition to an adjustable, single stack pulley (75 lbs., 5 lb. increments), these multi-gyms utilize hydraulic resistance for a safer exercise experience. Without weight stacks, the user will not find themselves in a situation where their natural range of motion or strength capabilities have been exceeded. They can safely stop in the middle of any exercise. Dual concentric movement works at least two opposing muscle groups per machine maximizing value while minimizing space requirements. Each unit is self-contained and does not require any special plumbing or additional equipment. Adjustment knob is easy to reach, and easy to read for simple selection of one of the six resistance levels. Both stations include: Leg Press, Seated Leg Curl/Leg Extension and Single Stack, Adjustable Pulley. The 4-Station adds a Vertical Chest Press/Row.



Item No.	Description	Dimensions
0816-29-302	Hydraulic 3-Station Multi-Gym	80" L x 104" W x 84" H
0816-29-310	Hydraulic 4-Station Multi-Gym	112" L x 104" W x 84" H



Quantum Four Stack Multi-Gym Exercise System. *Small on space, big on fitness/rehabilitation exercises.* Provides more than 50 exercises for total body conditioning. Compared to similar systems, the QMS occupies a small space: 10'W x 6'D x 89"H. The design includes combination seated leg curl/leg extension with adjustable starting points, and allows up to four people to exercise simultaneously. (Bench does not come standard. Please order 0814-69-147.)

Other features include:

- Combination lat pull down, mid-row/seated arm curl
- Double stack, adjustable pulley training station
- Ability to exercise from a standing, seated, kneeling or lying position
- 15 easily adjusted pulley heights for variety in exercise
- Accommodates for exercise from a wheelchair
- Allows bilateral or unilateral exercise options
- Built-in accessory rack
- Solid steel weight stacks
- Two strap handles, straight bar and ankle cuff standard
- Full commercial grade with lifetime warranty on frame
- Made in the USA

0815-06-542

Quantum Double Pulley Option. Allows bilateral/reciprocal exercise from each weight stack. One must be ordered for each side.

0815-14-801



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